

Freedom Farm Resident Rules and Handbook



*“Brethren, if a man be overtaken in a fault, ye which are spiritual, restore such an one in the spirit of meekness; considering thyself, lest thou also be tempted.”
Galatians 6:1*

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OKLAHOMA FREEDOM FARM

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Dear Friend,

Thank you for your interest in *Oklahoma Freedom Farm*. I hope this packet will answer most of your questions about the program. Please feel free to call us at 918-375-2585 if you have any unanswered questions after reviewing this material. We do not accept collect calls.

Our mission is to train and empower men and women to live victorious Christian lives, enabling them to have permanent freedom from drugs, alcohol, and other crippling sins.

Let me say this, the program is hard and we are very serious about this ministry. However, if you are serious about changing your life for the glory of God, and are willing to work hard to do it, we can help you. Remember this: The only permanent change is character change, and character change takes discipline, hard work, and the grace of God. At *Oklahoma Freedom Farm* we have all three!

Although the program is not easy, you will find Love, Friendship, Fellowship and the Peace and Joy of God on this beautiful 40 acre facility. Don't worry about the clothing, etc. that you do not have. Financial arrangements can be made.

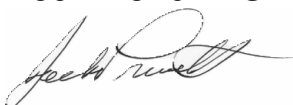
In order to be considered for enrollment, you must follow these steps:

1. Read and consider the attached application packet and rules thoroughly.
2. Fill out the application completely.
3. Return the completed application to our office. Mail or fax.
4. We will schedule a personal conference with you.

You must personally seek help. No second party requests will be considered.

Once again, thank you for your interest in *Oklahoma Freedom Farm*. If God leads you to this ministry, we will join with you in a commitment to rebuild your life to the glory of His Son, the Lord Jesus Christ.

Your friend in Christ,



Jack Pruet, Executive director.

OKLAHOMA FREEDOM FARM

Who are we?

Freedom Restoration Ministries, Inc is organized as a non-profit corporation in the state of Oklahoma and is recognized as a 501 (c)(3) non-profit organization with the Internal Revenue Service

What is Our Purpose?

Bring Christ-centered healing and restoration to individuals and families being destroyed by addictions and/or abuse, empowering them to become productive members of society.

What is our Vision?

Freedom Restoration Ministries will bring Christ-centered healing and restoration to individuals and families enslaved by cycles of addiction and destructive behaviors. We will provide a way of escape; breaking the chains of bondage and generational sins by teaching and displaying the freedom and victory that is available through the grace, love, and forgiveness of the Lord Jesus Christ. In all aspects of this ministry, we will exemplify integrity, excellence, compassion, and a commitment to Christian character and values.

What is our Objective?

Souls are saved and lives are restored by faithfully practicing Christ centered, Biblically sound preaching, teaching, and ministry of helps.

Community awareness, understanding, and support of the ministry are continually developed.

Financial strength, integrity, and accountability are maintained.

The organizational effectiveness of the board, staff, volunteers, operational procedures, and facilities are continually improved upon.

Staff and volunteers who are motivated by the love and compassion of the Lord Jesus Christ are employed and developed.

An excellent testimony is exemplified by demonstrating Christian character in all of our actions and ministry operations.

Who will benefit from our service

Individuals being destroyed.

Children and **families** of those individuals.

The **community** where you live.

STATEMENT OF FAITH: We believe: 1) the Holy Scriptures of the Old and New Testaments to be the verbally inspired Word of God; 2) in one Triune God, eternally existing in three persons – Father, Son, and Holy Spirit; 3) that man was created in the image and likeness of God, but that in Adam's sin the race fell, inherited a sinful nature, and became alienated from God, and that in and of himself man is utterly unable to remedy his lost condition; 4) that salvation is the gift of God brought to man by grace and received by personal faith in the Lord Jesus Christ, Whose precious blood was shed on Calvary for the forgiveness of our sins; 5) that the preserving attachment to Christ is the grand mark which distinguishes true believers from superficial professors; that it is the work of God the Father, Son, and the Holy Spirit; and that they are kept by the power of God through faith unto eternal salvation. (Note: for practical purposes these are the main tenants of our faith in a condensed version. A full version of the Freedom Restoration Ministries Statement of Faith can be found in Article 2 of our By-Laws, and can be viewed upon request at FRM headquarters or office facilities.)

Location: The Freedom Farm is located 2 ½ to 3 miles east of Agra, Oklahoma on 40 acres of woodlands and fields with a running creek. Agra is 12 miles north of the Chandler Exit off of Hwy 44 halfway between Oklahoma City and Tulsa.

Length of Program: The program length is based upon your personal growth and completion of four specific levels. The minimum time possible is one year. When you sign the application for acceptance to the program you are committing to at least one year at the Freedom Farm based upon the recommendations of your program directors and counselors. (See also attachment 2, Personal Commitment Form). Upon completion and graduation of the basic Freedom Farm program you may choose to enter into an extended program including a) work program; b) education program; and c) our ministry training program.

Note: Completion of this program will take commitment, dedication, and courage. Courage is not the absence of fear and discomfort, but is doing what it takes to get to the other side. “Courage means persevering...enduring...overcoming. It means stickability...steadfastness. If there is anything critically lacking in character of most of those living today in the USA, this is it. We turn and run away from our disappointments and difficulties. We flee into drugs, alcohol, or adulterous affairs. We escape into fantasy – vicariously indulging our dreams and desires through television, movies, novels, or the internet. So very often we don’t have endurance.”¹

Who is eligible to enter the Freedom Farm Program: The Freedom Restoration Ministries, Discipleship program is designed for men and women who have life-controlling problems and behaviors and desire to change their life through a personal relationship with Jesus Christ. We accept referrals from Churches, other rehabilitation and discipleship programs, self referrals, court systems (DA’s, Judges, and Defense Attorneys), Probation and Parole Offices, and prison programs. Please remember that if you are court ordered to the Freedom Farm or it is a condition of your probation and/or parole to complete the program and you choose to leave before graduation or get expelled from the program for misconduct; the court, your P.O. and/or your attorney will be notified immediately and a warrant could be issued for your arrest.

If you leave the program prior to graduation we are not responsible for your transportation and you must take all belongings with you as you will NOT be allowed to return to the farm.

Entry Requirements:

- Must be 18 years of age or older unless special arrangements are made and waivers are signed.
- Must have \$500 admission fee and \$50 cash emergency deposit upon entry into the program. (See financial information below).
- A sincere desire to change your life and a willingness to learn from the staff that God has placed here.
- Remember, this is not a lock down facility. We do not force anyone to come to the Freedom Farm or to stay at the Freedom Farm.
- Commit to complete at least 12 months to the program. Graduation is conditioned on completion of all requirements and your state of spiritual growth and maturity and is not guaranteed to take place in 12 months. Your progress is up to you.

¹ Quote taken from the Heartland Women’s Home Handbook, Bethel, Mo.

- You must have read and agreed to follow these rules as shown by submission of the acknowledgement form located at the end of this handbook, submitted a written application, and had a personal interview to be approved.
- You must have an approval letter and/or be admitted directly by a staff member.
- You must sign the personal commitment form.
- **Special Notice:** Any person requiring any type of legal/medical assistance or supervision must be evaluated individually. Any special arrangements needed to accommodate these requirements must be made before entering the program.

Medical Care:

- We are NOT a medical facility.
- All Medical and Dental matters MUST be taken care of BEFORE you enter the program.
- If a major medical/dental condition should occur while you are in the program we will do our best to find treatment and care for that problem. However, the client may be asked to postpone his/her program and return after the medical condition has stabilized.
- The client is responsible for any and all medical/dental costs accrued while in the program.
- Narcotics, barbiturates, or other prescription pain medications ARE NOT ALLOWED, without special approval and very rarely upon a Physicians recommendation.
- Anti-depressants and other Psychotropic medications may be allowed with prior approval and under a Dr.'s care. However, we do encourage that the program participant work with the Physician or Psychiatrist to get off of the medication if possible.
- All medications will be kept locked in the office and the resident will be given access to those medications at the appointed time under staff supervision.
- You must be able to bring at least 6 months of regular medications with you at the time of your entrance into the program.

Financial Information:

You must have a minimum \$500 registration fee at the time of check in. This is a non-refundable donation due at the check in date. (Payment may be made by cash, check in approved cases, money order, or paypal online). You must also have a one time \$50 cash emergency deposit, to be held for use by the applicant in case of an emergency. This \$50 is to be maintained at this level during your stay and will be returned to you only if you graduate. Your monthly support will be \$350. This monthly fee is non-refundable and non-prorated (if you are here for any part of the month you owe for the entire month) due at the first of every month thereafter. Payment arrangements can be made for the monthly support for serious applicants.

Financial Policy

No person enrolled in the farm program is permitted to carry any cash at any time without permission. (Any money that you may have will be kept for you in an envelope with your name on it in a lock box in the office.) Men and Women in the work program are expected to make the following their highest priority concerning finances (in order): 1) Tithe (10%); 2) Program Fees/ Rent; 3)Debt repayment/ Fines/child support; 4) Savings; 5) Spending. (See Handbook Attachments, #1 Resident Support Contract).

Daily Schedule: (Monday – Friday afternoon)

5:30 – 6:00 Wake up, Personal hygiene	4:00 - 4:30 Showers
6:00 – 7:00 Proverbs Bible Study	4:30 - 6:00 Free time
7:00 – 7:30 Clean rooms, prepare laundry	6:00 – 7:00 Dinner
7:30 - 8:00 Breakfast	7:00 - 8:30 Chapel
8:00 – 10:00 Chapel	8:30 - 9:00 Snack
10:00 - 11:50 Work assignments	9:00 - 10:00 Free time
12:00 - 12:30 Lunch	10:00 -11:00 Quiet time
12:30 – 1:00 Free Time, no naps	11:00 Lights Out
1:00 – 4:00 Work assignments	

This is the normal daily schedule but it is possible and probably will change on occasion. Announcements to such changes will be made in advance when possible. Chapel times may be longer or shorter.

Quiet Time Policy:

1. On weekdays and Saturday (unless otherwise announced) quiet time starts at 10pm. At this time everyone will be quiet in the sleeping areas. Residents may remain in the common area to study, pray or talk quietly. No TV or music is to be on at this time.
2. On weekdays and Saturday lights out is at 11pm. This means that all residents are to be in bed with the lights out at 11pm. All hygiene, etc. is to be taken care of before 10pm.
3. On Friday night quiet time in the sleeping area is also at 10pm (hygiene, ie. teeth brushing must be taken care of before this time or done at the kitchen sink). However residents may remain in the common area with the TV, Music, or games taking place until 12pm with a reasonable noise level. Be respectful of those individuals wanting to go to sleep before 12. Lights out at 12. If the supervisor has to remind the residents to keep the noise down more than once he/she may choose to take away TV privileges for the evening and/or have residents go to their room.
4. Under no circumstances are any of the dormitory doors to be open after 10pm. If there is an emergency and the doors need to be opened the dorm supervisor must be woken up and informed of the emergency.

Weekend Schedules:

The weekend meal schedule will be posted in each dormitory and no unauthorized persons will be allowed in the kitchen at any time. Saturday is NOT a guaranteed day off. This privilege is given when possible and practical but is not a right.

Special Schedules on Weekends as announced. We will attend church services at a local church on Sunday morning, some Sunday and Wednesday night services, and any church services scheduled on campus (currently two Sunday evenings a month). Other group recreational, volunteer, and church related activities are planned throughout the year.

Things To Bring:

- **King James Bible** (We will use a King James Bible for all studies and church meetings at the Freedom Farm and no other versions will be allowed until after graduation, no exceptions.)
- 6 sets each of work & casual dress clothes, 2 collared shirts (men)
- 2 suits are allowed for men
- 3 Dresses or skirts and blouses for women
- At least three sets of house/sleeping clothes
- 3 towels, 1 sheet sets, and pillow
- Work shoes and gloves, coat/jacket
- Tennis shoes
- 2" Clear view 3 ring binder, Marble composition notebook, 3x5 cards, paper, pens, highlighters, envelopes, stamps, etc.
- All necessary personal hygiene items. (Including: mouthwash (alcohol free), deodorant, toothbrush, toothpaste, shampoo, conditioner, shaving cream and razors, and soap.)
- Phone Card

Due to limited space any items over the maximum and any items not on the list may be removed from the rooms. You will not be permitted to hoard clothing. When donations and/or gifts are given take only what you need. It is not acceptable to take up more space in the room than your roommate does.

Prohibited Items:

- TV/Radio/ Books/ Magazines/Pornography/Newspapers/Craft items
- Tobacco/Drugs/Alcohol/Paraphernalia/
- Medications not previously approved
- Anything containing alcohol (mouthwash, cologne, etc.)
- No aerosol sprays.
- Weapons of any kind, pocket knives, or anything else that might be considered a weapon.
- Make-up. No one may bring makeup with them. Women will be able to earn the right to wear makeup depending upon progress and compliance with the rules, and levels. At such time new makeup may be sent in or purchased. No used makeup will be allowed.
- Unauthorized clothing, clothing that does not fit with the dress code. I.e. clothing with reference to alcohol, tobacco, gambling, drugs, gang or street involvement, or profanity.

NOTICE: YOU AND YOUR POSSESSIONS WILL BE SEARCHED UPON ENTRY INTO THE PROGRAM AND ALL PROHIBITED ITEMS WILL BE DESTROYED, STORED, OR SENT HOME. RANDOM ROOM SEARCHES ARE DONE PERIODICALLY TO CHECK FOR CLEANLINESS AND/OR CONTRABAND. FRM STAFF RESERVES THE RIGHT TO INSPECT YOUR ROOM AND BELONGINGS AT ANY TIME DURING YOUR STAY.

Drug Screening: Alcohol, illegal drug, and tobacco use are prohibited during your participation in the Freedom Farm program, and may result in your immediate exit from the program. You will be subject to random drug and alcohol screening at any time while you are in the program. Failed or refused drug screening may result in your immediate exit from the program.

Telephone, Visitation and Correspondence Policy

PHONE: When residents reach level 2 in the program (minimum 30 days) they may have one 15 minute monitored phone call per week, to immediate family only as approved by the director and unless otherwise

approved. Phone calls are made on Saturdays only, unless approved by a supervisor. Absolutely NO personal phone calls are to be made from work or school without prior approval.

If anyone is caught abusing phone privileges and/or making unauthorized calls the entire house may lose phone privileges.

VISITATION: When the resident reaches level 3 of the program they may receive weekly visitation from immediate family on Saturday or Sunday as approved by a supervisor. All on sight visits can be verbally approved, but arrangements must be made in advance. FRM staff reserves the right to inspect any vehicles on the premises and will search and must pre-approve any items that are brought on site by visitors or volunteers.

Parental Responsibility: Children of residents that are visiting are not allowed in the sleeping area without staff approval for a tour or short visit. Visiting children and the children of visitors are **to be with their parents at all times during their visit.** Children are not to be left in the care of other residents even for a short time without permission of the staff.

All visitors and family members must read and agree to the Family Member Agreement. See Attachment 3.

PASSES: On Level 3 (minimum 90 days) residents may be eligible for an 8 hour pass. All off sight visits and/or appointments must be submitted in writing; this includes visits with family, missionaries, church members, volunteers, and staff; court dates, dentist and doctor appointments, etc. Written proposal must be submitted in detail and initialed by supervisor (program director), signifying approval, otherwise, proposal is deemed rejected.

All people wishing to take programmers off-sight must go through a short mandatory orientation concerning program rules, and individual participants' privileges and restrictions. The rules of the program apply even when on passes and off of the property. Men and women in the Discipleship program are ambassadors of FRM and are expected to behave in a Christ-like manner at all times. This means being kind and considerate, properly dressed, using good manners in all circumstances, obeying the program rules and behaving in an uplifting and edifying manner.

Visits, Passes and phone calls are a privilege, not a right. Visits and passes are approved on the basis they are beneficial, not detrimental. Permission for visits between husband and wife will be based on the attitude and progress of both parties.

CORRESPONDENCE: Correspondence will be with immediate family only if approved and unless otherwise approved by case manager/supervisor.

1. Absolutely NO boyfriend/girlfriend contact.
2. Correspondence with opposite sex will be immediate family only, unless otherwise approved.
3. All incoming and outgoing mail must come through FRM staff.
4. FRM reserves the right to open and inspect all incoming and outgoing mail and packages.
5. Outgoing mail is to be left open or it will not be mailed.
6. Residents are to provide postage on all outgoing mail.
7. Any mail that is not edifying, damaging to one's Christian growth, or contains profanities or obscenities, will not be mailed or received.

No Relationship Policy:

1. We seek to restore individuals to a position of spiritual and emotional wholeness. Therefore, as a general principle, we do not want the men and women in our programs to focus upon external relationships until they have completed our discipleship process.

2. No person enrolled in the Freedom Farm Program is permitted to initiate or be involved in any social relationship with a member of the opposite sex.
3. Professional relationships are to be conducted with the utmost courtesy and discretion.
4. All program participants will maintain no less than six inches from program participants, and volunteers of the opposite sex at all times. Men and women will sit at separate tables for mealtimes and for chapel times unless given specific instructions otherwise by a supervisor.
5. Men are not allowed in the kitchen area while women are in the kitchen and women are not allowed in the kitchen area while men are there unless given express instructions to do so by a supervisor.
6. Men are not allowed at the women's dorm and women are not allowed at the men's dorm unless accompanied by a staff member. Disregard of this rule will be considered a major rule violation.
7. Note passing between male and female program participants will not be tolerated. If it cannot be said in public, it does not need to be said. Disregard of this rule will be considered a major rule violation.
8. Women are not allowed in the men's sleeping quarters without express permission by a supervisor and visa versa for men.
9. Men with wives or existing relationships, and women with husbands or existing relationships must receive counsel and specific guidelines based upon their individual needs.
10. Men and women will not be allowed outside in the yard or on the walking track at the same time except during special events and/or with a supervisor's permission.
11. **There will be absolutely NO fraternization (flirtatious behavior) between male and female program participants.** If such behavior is even suspected by the staff or volunteers it may result in the immediate exit of both participants.
12. If children of staff, volunteers or other residents are present and are outside in the yard residents may not go outside without prior permission from staff. If residents are outside in the yard children may not go outside without parental supervision or prior approval from staff and parents.

Church/Chapel Conduct: Hebrews 10:25, I Corinthians 14:33,40

- Bibles are to be taken to every church and chapel service, and the **King James Version will be the only Bible used.**
- All men and women enrolled in the Freedom Farm Program will attend church weekly with the other program participants and staff.
- Men will sit together on one pew and women will sit together on another pew, unless you have permission to sit with your own family.
- EVERYONE sings in church and chapel services.
- All residents of the program will go directly to assigned class or service, and will sit together, with their roommate, in all services attended, unless permission is given to sit with your family.
- Every individual in the program will attend the assigned Bible Class on Sunday mornings.
- Program Participants will attend Sunday School classes with staff until they are on level 4 at which time they may choose a class to attend where options are available.
- No talking during services: eyes forward and no disruptions.
- Restrooms may only be used between services.
- **Everyone must stay with their roommate or accountability partner at all times.**
- Residents should not talk, pass notes, write letters, do homework, chew gum, sleep, slouch, click pens (or cause other distractions), or snack during church, chapel and class times. No twirling hair, popping joints (knuckle popping), or finger nail biting.
- Sit up straight in your chair and do not "tip" chairs back on two legs.

- Come to chapel and classes at the appointed time, prepared with Bible, pen, paper, notebook and anything else that you might need during the session. Do not get up while the teacher is teaching or while the video is on.
- Attitude is to be respectful of the service/class and the needs of others. Act like ladies and gentlemen.
- We like to encourage as much church and Sunday School participation as possible. Before you commit to perform a specific duty or take part in a project at church check with a supervisor so that we can assure that time, transportation, and supervision if necessary can be provided.

Wednesday Night Church Attendance Policy:

Program Participants may go to Church on Wednesday night with a dorm supervisor, work program participant, or volunteer IF;

- 1) They are on at least level three (3), and
- 2) They have been signed off on the video that is to be shown in chapel that night; unless
- 3) Express permission is given by the Program Director, Executive Director, or Assistant Executive Director.
- 4) Staff, Work Program Participants, and/or Volunteers are NOT to make other stops before or after church, are not to take program participants anywhere but to church and back, are not to stop at the store, ie., Wal-Mart, Convenience Stores (except to buy fuel if needed), Video renting stores etc., without express permission from the Executive Director, Assistant Executive Director or Program Director.

Bible Program: Psalm 119:9,11, Psalm 1, Joshua 1:8, Romans 10:17, 12:1,2

- Residents may come into the Bible study area as early as 4:30 a.m. however; no talking or loud noises will be tolerated.
- Each morning residents will read the chapter in Proverbs that corresponds to the date.
- One proverb will be selected each morning and written, along with their current memory verse, on a 3x5 card, **which must be kept with them throughout the day.** Any staff member may request to see this card at any time during the day.
- Each morning residents must complete a Proverbs Bible Devotional Guide.
- All residents are required to participate in the scripture memorization plan. If you fall behind in your Bible memorization, you may lose all recreation privileges until you are caught up.
- In order to advance through the levels you must complete your reading assignments and prepare a written report along with other reading and written assignments.
- Only FRM approved Bible Studies and reading materials are allowed.

Van Conduct: II Corinthians 5:20, I Corinthians 14:40

- The van will leave the church 10 minutes after the closing prayer unless a leader is aware of an emergency or other valid reason to wait. It is your responsibility to let a leader know if such a condition exists. This is the only way the van will wait.
- **No eating or drinking is permitted in the van.**
- The van driver will pick the music or preaching tape to be played.
- DO NOT make the van driver wait for you, you may get left behind.
- If men and women ride in the same van, men will sit in the back seats and women will sit in the front seats. Men and women will not speak to each other and will keep their hands (and all other body parts) to themselves.

Conversation: II Corinthians. 5:17, I Corinthians, 6:20, Ephesians 4:29

- Proverbs 6:16-19, 12:1, 14:9, 16:25, Matthew 12:34b-37
- NO UNCHRISTLIKE CONVERSATION
- Gripping, negative criticism, gossiping, complaining, murmuring, boasting or bragging, faultfinding, and foul language will not be tolerated.
- Talking about old habits or lifestyles is against God's Word and is not permitted.
- Whining and complaining will get you no where!

Attitude and Behavior: Romans 13:1-3 *"Let every soul be subject unto no power but of God: the powers that be are ordained of God. Whosoever therefore resisteth the power, resisteth the ordinance of God: and they that resist shall receive to themselves damnation. For rulers are not a terror to good works, but to the evil. Wilt thou then not be afraid of the power? do that which is good, and thou shalt have praise of the same:"*

- There is no such thing as personality conflicts in this program, either you submit or you don't.
- Residents are to submit to the staff and volunteers at the freedom farm. They are to obey and show proper respect for each staff member or any one under whose supervision they are placed.
- No sleeping or slacking off during work times.
- No one is allowed to return to bed after Proverbs study, without staff permission.
- A kind and courteous attitude is expected toward everyone at all times.
- You must let someone know where you are at all times, even while on the farm. Of you cannot be seen from the yard, your roommate or another resident better know where you are.
- Program participants may not receive "gifts" from anyone without prior staff approval and then the staff will inspect the gifts prior to being released to the resident.
- Use the chain of command; dorm supervisor (other staff member or volunteer if supervisor is not available) program director or counselor, executive director.
- If one supervisor tells you NO do not go and ask the same thing of another supervisor.
- Report all conflicts and problems to staff. You may request a "family meeting" for conflict or problem resolution.
- Absolutely, do not put your hands on another person in anger or frustration.
- IF IT IS NOT YOURS DO NOT TOUCH IT WITHOUT PERMISSION.
- Refrain from loud noises inside the house. No yelling, shouting, or loud conversations. If you must yell or shout go outside.
- Pick up after yourself, you do not have a maid and items not put away are subject to be thrown away.
- A successful community requires a positive environment in which to live. Behavior that promotes anger and chaos in the house is not allowed. Always be kind and considerate to your housemates.
- Requests to staff must be made by writing your request on a 3X5 card and turning it into the dorm supervisor. The dorm supervisor will then make sure that it gets to the appropriate staff member.
- Men and women that are not related will not hug, and will not sit on the same couch together.
- After all passes, home visits, or shopping trips, all bags must be inspected!!!

We expect every person at Oklahoma Freedom Farm to be committed to, and give complete dedication to, living the highest quality Christian life possible. Your attitude, therefore, must reflect this commitment in:

1. Gratefulness to God and the church
2. Humbleness to other men and women in the program
3. Willingness to be corrected and taught
4. Readiness to change old thought patterns and behavioral habits.

We will not tolerate negative, pessimistic attitudes.

Dress Code: I Peter 1:16, 2:9, II Corinthians 6:15-17

Women:

Modesty, with decency and propriety is required. No sleeveless shirts, tank tops, halter tops, low cut tops, crop tops, tight clothing or other inappropriate apparel. Short, skirt and dress hemlines must fall below the knee. Bras will be worn at all times except when sleeping. Slips and camisoles will be worn when needed.

A dress, or skirt and blouse will be worn to all church services and when working in the ministry office. Women will not be allowed to wear make up when they enter the program. They may earn the privilege to wear make-up, with guidelines, when they reach level 3 (minimum 90 days).

Men:

Shorts below the knee or Long pants may be worn during work hours. Shorts (below knee length) may only be worn when appropriate. Long pants only must be worn to town and any time that you go off the FRM property. Dress shirt (shirt with collar) must be worn to church services, and chapel services on Monday and Friday night. Men are not allowed to wear tank tops, undershirts, or to be without a shirt in public at any time while they are in the program. (This includes during recreation or while out on a pass).

Men may not wear earrings or ANY other facial jewelry.

Both:

Underwear and sleepwear will be worn while sleeping. Residents should not leave their sleeping areas inappropriately dressed.

NO clothing may have designs or slogans that do not conform to the Christian ethics of this program. No excessive jewelry.

Staff will decide if clothing is inappropriate. If you are told that the clothing is not appropriate it will be changed immediately and not worn again.

All clothing will be kept clean, ironed if needed and in good repair.

Personal Hygiene: I Corinthians 14:40, II Corinthians 5:20, Mark 5:15, John 11:39b

- **All residents must brush their teeth, comb their hair, wash their faces, and put on clean clothes each morning before Proverbs study time.**
- **All men and women must shower each day before dinner.**
- No one is allowed to sleep in street clothes.
- Everyone must use deodorant and smell good.
- Heavy perfumes and colognes will not be allowed.
- A second shower must be taken before evening chapel if needed due to physical activities.
- Neatly combed and clean hair is required daily while in the program. Men may not have hair below the collar, in their eyes, or hanging over their ears.

- Men will be required to remove all facial piercing jewelry immediately upon arrival at the farm. Haircuts and the removal of all facial hair must be taken care of upon their arrival at the Freedom Farm, no later than the morning after check in.

Men's Facial Hair Policy: All new entries into this program must shave all facial hair when they get to FRM. No exceptions!! Thereafter mustaches are allowed, however; all facial hair is to be kept neat and professional in appearance, mustaches must be kept trimmed above the lip and above the corners of the mouth at all times, there will be no beards or goatees, all sideburns must be kept short and neat and may not grow below the ear. Facial hair will be monitored by members of the staff and will advise the men if a trim is needed. Wearing of facial hair while in the program is a privilege and problems could result in loss of this privilege.

Rooms: I Corinthians 4:2, Matthew 25:21,29

- The room assigned to you, like everything else on the Farm belongs to God. Treat it as such!
- NO furniture is to be moved into or out of the room without approval.
- Any pictures, posters, photos, etc. to be hung on the walls must be approved. No putting holes, tacks or tape in or on the walls. You may hang up items only on the bulletin boards.
- NO food is to be kept in the rooms unless it is in a sealed container such as a cookie tin or Tupperware. This is food or closed container drinks, that you purchase or that is sent to you, NOT food out of the food room or refrigerator, purchased by the ministry.
- Meals are not to be eaten in the rooms unless you are sick.
- Wasting electricity is poor stewardship and will not be tolerated.
- You may visit another resident's room only if they are present and you have their permission.
- Rooms must be kept neat and orderly at all times.
- Beds must be made, and rooms straightened each morning before chapel. Things left out and beds unmade may disappear. FRM staff reserves the right to search rooms and persons at any time during your stay here.
- Clothes must be neatly folded or hung and kept in your closet.
- Hygiene and personal items must be put away neatly in your closet or nightstand.
- Floors must be kept swept and mopped. Dust and cobwebs should be cleaned everyday. Windowsills and corners must be cleaned and walls spot washed regularly.
- If you have so much stuff that you cannot keep your room neat and clean we will get rid of some of it for you.
- Only assigned reading materials may be in the rooms. Contraband of any kind will be confiscated.
- You may not sleep on top of the bedspreads. You must sleep in the sheets.
- Do not get up and wander around the house at night. No getting snacks after lights out.
- No drinks in the room, except a plastic glass of water, and unopened sodas.
- **DO NOT LAY ON THE BED DURING THE DAY UNLESS YOU ARE ILL!!!**

Kitchen and Meal Policy: I Corinthians 10:10, Proverbs 30:8

- Residents may not enter the kitchen or food storage areas unless requested to do so by a leader or the kitchen personnel.
- Negative remarks about the food will not be tolerated! If you have a problem with the food –DO NOT EAT! Prayer and fasting are profitable substitutes.
- You must be on time for the meal prayer in order to eat!!! If you are late you will not eat.
- Every resident will have kitchen duty at sometime while in the program.
- Cooks must wash hands before preparing food and keep the kitchen and food storage areas in a neat and clean condition.

- Only the assigned kitchen person/cook is allowed in the kitchen, refrigerator and food room unless he/she or one of the supervisors specifically requests otherwise. Unless and until they are assigned to kitchen clean up duty.
- Absolutely no one is to do cooking unless the cook asks for assistance or another person is temporarily assigned to cook. You may not miss a meal and cook for yourself later! This includes weekends.
- Everyone will eat at meal time and will eat what is served or they will not eat until the next meal is served.
- Everyone will come to the dining area in time for every meal prayer and will sit at the table during meal time, whether or not they are going to eat, on weekdays and Sunday lunch, and snack after Sunday night services.
- All weekday meals are to be eaten family style.
- The weekday meal schedule is as follows: Breakfast 7:30; Lunch 12:00; Dinner 6:00
- The weekend meal schedule is as follows: Breakfast 9:00; Lunch 12:00; Dinner 5:00 (Sunday lunch will be served as soon as possible after church.)
- Everyone will have “dish” duty. Dishes must be done immediately after the meal. Food is to be put away and tables cleaned up. To wash dishes there will be a sink of hot soap water, a sink with 1 capful of bleach and hot water for rinse and a second fresh water rinse.
- Food MUST NOT be left anywhere uncovered!!!! Food put in the refrigerator must be in closed and sealed containers.
- No coffee is to be made after 8pm.
- The food room must remain locked unless the cook or cooks assistant are present!
- Snacks will be served after evening chapel and no one is allowed in the kitchen afterwards.

Laundry: I Corinthians 6:19,20, II Corinthians 5:20

- Your laundry will be done for you during your stay at the farm.

Laundry Policy:

1. Only the designated laundry person(s) will operate the washers and dryers.
2. Your laundry will only be done on your designated laundry day. Nobody will do laundry or ask for laundry to be done if it is not their laundry day. Lack of planning on your part does not make an emergency on our part. You may wash by hand.
3. Each person’s bed will be stripped and bedding will be left on bed, on their designated laundry day before proverbs.
4. Comforters will not be washed every week. They may be washed as needed but no more than once a month should be sufficient.
5. On your designated laundry day leave your dirty laundry in a basket next to your bed before proverbs and it will be picked up by the assigned laundry person(s).
6. Washers and Dryers may be turned off during lunch time prayer but will be turned back on immediately after the prayer and may run through the lunch hour.
7. Laundry must be finished prior to 6pm.
8. House laundry may be done as needed on Saturday between the hours of 1pm and 4pm. Need to be determined by the designated laundry person(s).

WORK: All program participants are expected to comply with all program rules, procedures and participate in all the daily schedule of activities including the work program. (ie., maintenance of buildings and grounds.) Current common work assignments include: housekeeping, chapel set up, office work, cook, dishes, yard maintenance and landscaping, garden, building and repairs, equipment repair, some animal care, etc. All labor is considered volunteer labor.

The primary purpose of work in the program is to teach individuals how to relate to others, give and take orders, assume responsibility, develop initiative, and acquire good work ethic and job skills for your future.

Recreation:

- The T.V. will not be turned on before work assignments are complete and no sooner than 4:30 without permission. If you are caught watching inappropriate shows on the TV the entire house may lose TV privileges.* (In the common area only. No TV or stereos allowed in the rooms. No headphones).
- Pre-approved movies may be watched on Friday night after chapel, Saturday, and Sunday afternoons if no other activities are planned. Again, if you are caught watching unauthorized and/or inappropriate movie the entire house will lose tv and movie privileges.
- The radio and CD player may be used to play Christian music, sermons, and educational programs. **NO SECULAR MUSIC IS ALLOWED.** Abuse of this privilege will result in loss of the privilege for the entire house.*
- Sports activities (basketball, baseball, etc.), walking on the track, running, weight lifting are allowed. However, if the staff believes that your physical appearance and “working out” become more important than your spiritual and emotional growth these privileges may be suspended.
- Games may be checked out from the office on Friday night and turned back in on Sunday evening, no later than Monday morning.
- Craft activities and supplies are available upon request with staff approval.
- Off center recreational activities are planned through out the year depending on behavior and cooperation of the residents.
- If house chores, homework and other work assignments are not getting done during the week all recreational privileges may be suspended.

“Liberty abused will be liberty lost!”

Illness: Proverbs 26:13-15, Exodus 15:2, Psalm 46:1

- If you become ill during your time in the program, you will be required to remain in your room for the entire day except for trips to the bathroom or to the office for medications or other assistance.
- A leader must be made aware of the problem before AM Chapel so that your condition can be evaluated.
- If you become ill during the day you must ask for permission to lie down.
- A staff member will evaluate whether or not you are too ill to attend chapel or work.
- Your meals will be brought to your room while you are ill.
- **Any injuries that occur while at the Farm, no matter how minor, must be reported immediately to the Supervisor by means of a completed incident report form.** An incident report may be written on a piece of notebook paper or a 3X5 card.
- If you think that you need medical attention write your request on a 3X5 card and turn it into a dorm supervisor.

Chastisement: Our goal in discipline and chastisement is not to expose and punish. Our goal is to train and empower sincere Christians to be partakers of God’s grace and holiness. Hebrews 12:5-15, Revelation 3:19, I Peter 1:6,7

The purpose of discipline is: 1) to correct improper behavior, 2) to teach there are consequences for behavior, 3) to instill respect for authority, others and self, 4) to nurture and develop desirable

character qualities while eliminating bad attitudes and harmful actions, 5) to enable the student to develop Christ-like responses to discipline, 6) to explore the causes and reasons for said behavior and develop an awareness of triggers that may lead to certain behaviors.

The covering up or harboring of another's wrongdoing translates to you joining in the wrongdoing; and will be dealt with accordingly. If the staff discovers that you knew of another's wrongdoing and did not report it you will be treated as if you committed the wrongdoing yourself. We are to expose sin; not cover it up. The suggested approach is for you to tell the offender that they have 20 minutes to report themselves and if they do not you will report them. It is a good will move to offer to go with them.

Confession is the best policy and much GRACE and MERCY is shown when an individual confesses their own sin or wrongdoing.

Major Offenses: Tobacco, alcohol, drugs, pornography, theft, intentional destruction of Farm property, sexual misconduct. No homosexual activity will be permitted. Violation of the NO Fraternization Rule, and/or going to or attempting to go to the dormitory of the opposite sex.

Minor Offenses: Violation of general rules of the Farm.

Possible Consequences include but are not limited to:

1. Discussion with staff and/or verbal reprimand
2. Family Meeting and review with other program participants getting input as to the suggested consequences with a chance to explain how your misconduct hurts or affects them
3. Written report being put in your file
4. Assignment of Biblical Problem Solving Worksheet
5. Loss of one or more privileges
6. Loss of privileges for the entire house
7. Assignment of extra duties around the house
8. Level demotion
9. Extra time added to the program
10. Termination from the program

Each person is treated as an individual and each violation will be evaluated separately, therefore an individual may not have the exact same consequences as another person.

Exit or Termination from the Program:

- If you choose to leave the program or are terminated from the program for rule violations, prior to graduation, FRM is not responsible for your transportation.
- We do not have storage facilities so you must take your things with you.
- You WILL NOT be allowed back on the property.
- If you are court ordered or on parole or probation the appropriate agencies will be notified immediately.
- A staff member/ dorm supervisor must be present while you pack.
- If you have been terminated from the program you may not reapply for 6 months.
- If you choose to leave and request to be readmitted consideration will be given to your attitude and condition as to brokenness, humbleness and the staff's perception of your willingness to change.

All policies are subject to change to fit the circumstance at the discretion of the Program Director or the Executive Director.

Acknowledgement Form

Freedom Restoration Ministries Freedom Farm Discipleship Program

Center Rules & Guidelines Acknowledgment Form

I have acknowledged that I have been given a copy of the Freedom Farm Resident Rules and Handbook. That I have read and understand all portions or have had all portions explained to me, so that I completely understand them.

I agree to abide by the rules in this book and request an application. I understand that failure to abide by the rules may result in disciplinary action up to and including an immediate exit from the program and the farm property.

I understand that these guidelines are not a contract which guarantees service, but rather a list of guidelines which may be adjusted at any time as needed by the FRM staff.

Signature: _____

Print Name: _____

Date: _____

Witness: _____

Return this form to Freedom Restoration Ministries, P.O. Box 70, Agra, Oklahoma 74824 and request an application if you are still interested in the Freedom Farm Discipleship Program. If you have downloaded this off of the internet submit this acknowledgment form **WITH** your application. If this form is not returned your application will be deemed **incomplete** and will be returned to you.

FINANCIAL INFORMATION
OKLAHOMA FREEDOM FARM

Residential Support Contract

All program participants will be required to pay a resident support fee of \$350 per month, and an admission fee of \$500 when they enter the program. This shared cost of operation is necessary to keep our program affordable.

When a resident begins the program, the first non-refundable payment of \$500.00 is due. We may not turn serious applicants away because of a lack of funding. However, because teaching financial responsibility is part of the program all participants will be required to pay their support. When a resident is able to get a job the support will be paid out of the residents' paycheck. Their budget will be as follows: 10% Tithe, 70% Resident Support Fee, and 20% Spending. The resident must be current on support prior to entering phase four of the program and must be current at the time of graduation from the program. After the program support fee is paid in full, the resident will be placed on a budget until graduating the program. Unless otherwise specified by the case manager to assist the resident in paying other debts the budget will be as follows: 10% Tithe, 70% Savings, and 20% Spending.

In addition, a \$50.00 cash deposit must be placed in the resident's emergency fund at the time of check-in. A minimum of \$50.00 must be maintained in this account at all times. These funds will be kept on hand at the Freedom Farm and will be refunded only upon completion of the program. This fund will be used to cover personal emergency situations that may occur.

Total due before check in: \$550.00

- **\$500.00 non-refundable resident support fee, payable by check or cash**
- **\$50.00 resident emergency fund, cash only**
- **\$350 per month due on the 1st of the month thereafter**

I have read, understand, and agree to the terms and responsibilities of this contract.

Name _____
 Address _____
 City _____ State _____ Zip _____
 Day Phone _____ Evening Phone _____
 Relation to Resident _____
 Signature: _____ Date: _____
 Resident's Signature: _____ Date: _____
 Dorm Supervisor/Program Director Signature: _____ Date: _____

Note: All resident support fees are non-refundable, non-transferable and non-prorated.

PERSONAL COMMITMENT FORM

PLEASE READ THESE VERSES CAREFULLY:

Ecclesiastes 5:5-6

Better is it that thou shouldest not vow, than that thou shouldest vow and not pay. Suffer not thy mouth to cause thy flesh to sin; neither say thou before the angel, that it was an error: wherefore should God be angry at thy voice, and destroy the work of thine hands?

I BELIEVE IT IS GOD’S PLAN FOR ME TO COMMIT TO VOLUNTARILY SUBMIT MYSELF TO THE OKLAHOMA FREEDOM FARM FOR THE NEXT TWELVE MONTHS. I REALIZE MY WAYS WILL LEAD ME TO TOTAL DESTRUCTION AND I AM READY TO COMPLETELY RESTRUCTURE MY LIFE TO CONFORM TO BIBLICAL CHRISTIANITY. IT IS MY DESIRE TO LEARN TO LIVE A VICTORIOUS CHRISTIAN LIFE. I REALIZE THIS WILL TAKE COMMITMENT, DISCIPLINE, HARD WORK, A POSITIVE ATTITUDE, AND COMPLETE SURRENDER. I UNDERSTAND THAT THE PROGRAM WILL BE HARD, AND THAT I WILL NOT BE ABLE TO COMPLETE IT SUCCESSFULLY WITHOUT RELYING UPON GOD’S GRACE.

THEREFORE, I NOW VOW (COMMIT) TO GOD AND MAN, TO ENTER AND COMPLETE THE PROGRAM AT OKLAHOMA FREEDOM FARM.

DATE ENTERED: _____

SIGNATURE: _____

WITNESS: _____

Three keys to keeping your commitment:

1. Focus on **your** relationship with God.

“If your love relationship with God is real and personel everything else will be okay.”

Q. What is the first and greatest commandment?

2. Maintain a long term perspective.

“The longer term your perspective the better your decision making ability will be.”

Q. What is the victory that overcomes the world?

3. Look at life from God’s point of view.

“God is more concerned with what goes on within us than what goes on around us.”

Q. What things work together for good for them who love God?

Lord, I now vow to you to enter and complete the program at Oklahoma Freedom Farm. I pray you will give me wisdom and grace to complete the program and learn to live a victorious Christian life. Thank you for loving me and giving me this opportunity to serve you. Amen

FREEDOM RESTORATION MINISTRIES, INC

Family Member/Ministry Agreement

Program Participant: _____

Family Member/Ministry: _____ Relationship: _____

I understand that my family member/client has applied to and been accepted by the Oklahoma Freedom Farm in Agra, Oklahoma. I agree that this is a good decision and will be beneficial to my family member/client.

In the interest of furthering the spiritual, mental, and physical growth and maturity of my family member I agree and understand that I will be part of the “growth” team and that my input is welcome. However, I also understand that this is a very strict, disciplined program with set rules, policies and procedures and I agree to abide by said rules and procedures.

I understand that the Staff of Freedom Restoration Ministries will be making decisions concerning the day-to-day activities of my family member/client and I agree to abide by and support these decisions. I agree that although I am allowed to state my opinion, and that my opinion may be solicited at times, I will not argue with final decisions made by the FRM staff. Furthermore, I will not talk negatively, nor allow my family member/client to talk negatively in my presence about any FRM staff member or volunteer. This is excepting allegations of sexual or physical abuse or neglect, which should be reported.

I understand that I can contact the program director or the executive director at any time with any problems or concerns or just to check on the progress and well-being of my family member/client.

I understand that FRM has a dress code² and rules of conduct³ and I agree to follow these rules at all times while visiting at the Freedom Farm or attending FRM sponsored activities.

I understand that if I bring children to the Freedom Farm to visit that I am responsible for them and will know where they are at all times. I will not leave them unsupervised.

Signature

Date

² No shorts or skirts above the knee, no halter tops or muscle shirts, no tight fitting clothes, no logos depicting satanic, alcohol, tobacco, drugs, gang related, obscene, or sexually related materials.

³ No tobacco, drug or alcohol use on farm property, no sexual innuendos, will maintain respect to program participants, staff and volunteers at all times.